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Client Responsibilities

Please arrive on time for your appointments. Counseling sessions are 50 minutes in duration. If you need to cancel an appointment for any reason, a 24 hour cancellation notice is required, otherwise you will be charged the full fee for a missed session.

Therapy can often times be challenging work. The amount of sessions a client needs is often times determined by both the client and the therapist. Please consider coming to therapy as an important commitment in your life.

Payment is due at the time of your appointment. Cash, checks, debit/credit cards are accepted. If I am not on your insurance panel, you may be able to file for “out of network” services. Please let me know and I can provide a receipt for you.